

Positional Football Instruction & Speed Training for QB's, RB's, WR's, LB's, DB's, OL/DL, Group Sessions



Email us at info@gridironacademy.com and pre-register

1st Session

Jan. 31, Feb. 7, 21, 28, Mar. 7

2nd Session

Mar. 14, 21, 28, Apr. 18, 25

3rd Session

May 2, 16, 23, Jun. 6, 13

9:00am-10:00am 7, 8, 9, & 10 year olds

10:00am-11:00am 11, 12, 13 & 14 year olds

Age as of 4/1/2010

1 Session \$145 / 2 Sessions \$270 /

3 Sessions \$405

Each session consist of (5) 1 Hour classes.

The best value for sports specific training in L.A
Ventura & Orange Counties

The Gridiron Academy is under the direction of Tim Kirksey and Jim Benkert (Most wins Ventura County History, L.A. Times Coach of the Year and CIF-SS Div IV Coach of the Year in 1999, 2003 and 2009. Selected the California Coaches Association "State Coach of the Year" in 2004, a finalist for the 2005 "National Football Coach of the Year Award" and 2009 CalHighSports "Coach of the year".) Combined they have over 45 years of coaching experience. Coach Benkert's extensive experience and knowledge is unequaled as evidenced by his many League, CIF, State Championships and his many former players now competing in NCAA D-1 Schools and the NFL.

Insure your athlete's future success on the field and come join the Gridiron Academy Team. Have your athlete work with experienced coaches in a fast paced camp designed to enhance the skills and knowledge of every athlete from beginner to advanced.

Our sessions consist of intense fast paced training in limited groups that will cover every aspect of your player's position including specific techniques, footwork, drill progression, ball handling, and much more. **Our goal is to give your athlete the tools that will give him the competitive advantage at the next level.** They will be introduced to drills and skills that will give them the advantage mentally and physically over their competition.

One on one private lessons are available. Contact us for details.

GRIDIRON STAFF

Jim Benkert • Exec. Director

Tim Kirksey • Camp Director

Zac Wasserman • (Penn State)

Eric Holcomb • (UCLA)

Kamran Salem • WHS Varsity Staff

Ellis Green • WHS Varsity Staff

Andy Flores • WHS Varsity Staff

Greg Levine • WHS Varsity staff